

STEPHEN LAWRENCE DAY PARENT & CARER WORKSHOP SECONDARY: 'WHAT IF" ACTIVITY SCENARIOS & QUESTIONS

GUIDANCE:	
<ul style="list-style-type: none"> • Allocate ONE of the first two activities (Race or Equality) to each group • In addition, ALL groups will work through “Live Our Best Life” • Group to self-nominate a Chair Person and a timer • Discussion period for scenario (15 mins). Output: A3 Summary Sheet for display • Discussion period for “Live Our Best Life” (15 mins). Output: A3 Summary Sheet for display 	
SCENARIO	QUESTIONS FOR DISCUSSION AND THOUGHT ¹
<p>What if: Your child is invited to a birthday party and the family is of a different background to you?</p> <ul style="list-style-type: none"> • Consider the aspects of difference such as race, religion, family composition etc. 	<p>Race <i>Britain is a multi-cultural country. How do we think and talk about race within our families?</i></p> <ul style="list-style-type: none"> • Is race an important part of someone’s life? Why is race important and does it define you? • Is a person the colour of their skin, their eyes, and their hair? • If they were to change their skin, hair and eyes would they be the same person? • Is race an important part of your story? If so, why? If not, why? • How do you talk about race and cultural difference in your family and with your children?
<p>What if:</p> <ul style="list-style-type: none"> • Your child remarks about a classmate in a disparaging way (e.g. in relation to their family, home, car), implying or indeed saying “I/ we are better than them”. 	<p>Equality, prejudice and bias <i>“No matter how open-minded or accepting we believe ourselves to be, and no matter how good a job we think we are doing when it comes to raising tolerant children, this fact remains: We all carry prejudice and biases.”²</i></p> <ul style="list-style-type: none"> • Do we all harbour some form of prejudice and bias? • What does it mean to say everyone is equal? • What does it mean to say you are better at something than others? • How does fear and lack of experience with different groups affect the attitudes and values that you communicate to your child?
<p>The theme for Stephen Lawrence Day is:</p> <p>“Live Your Best Life”</p>	<p>Live Our Best Life <i>What does it mean to you when you are encouraging your child to “Live Your Best Life?”</i></p> <ul style="list-style-type: none"> • What character traits would you wish for your child(ren), to support them to “Live Their Best Life”? • What other aspects of ‘living your best life’ would you wish for your child(ren)? • How does talking about racism and diversity through your own words, attitudes and actions influence your children to “Live Their Best Life”? • How do you discuss challenging themes with your teenagers relating to “living our best life” (e.g. popular culture, “wanting and buying things” and influencing and being influenced by peers?)

¹ Abridged in part from <https://www.teachingchildrenphilosophy.org/BookModule/LetsTalkAboutRace>

² http://www.tolerance.org/sites/default/files/general/beyond_golden_rule.pdf